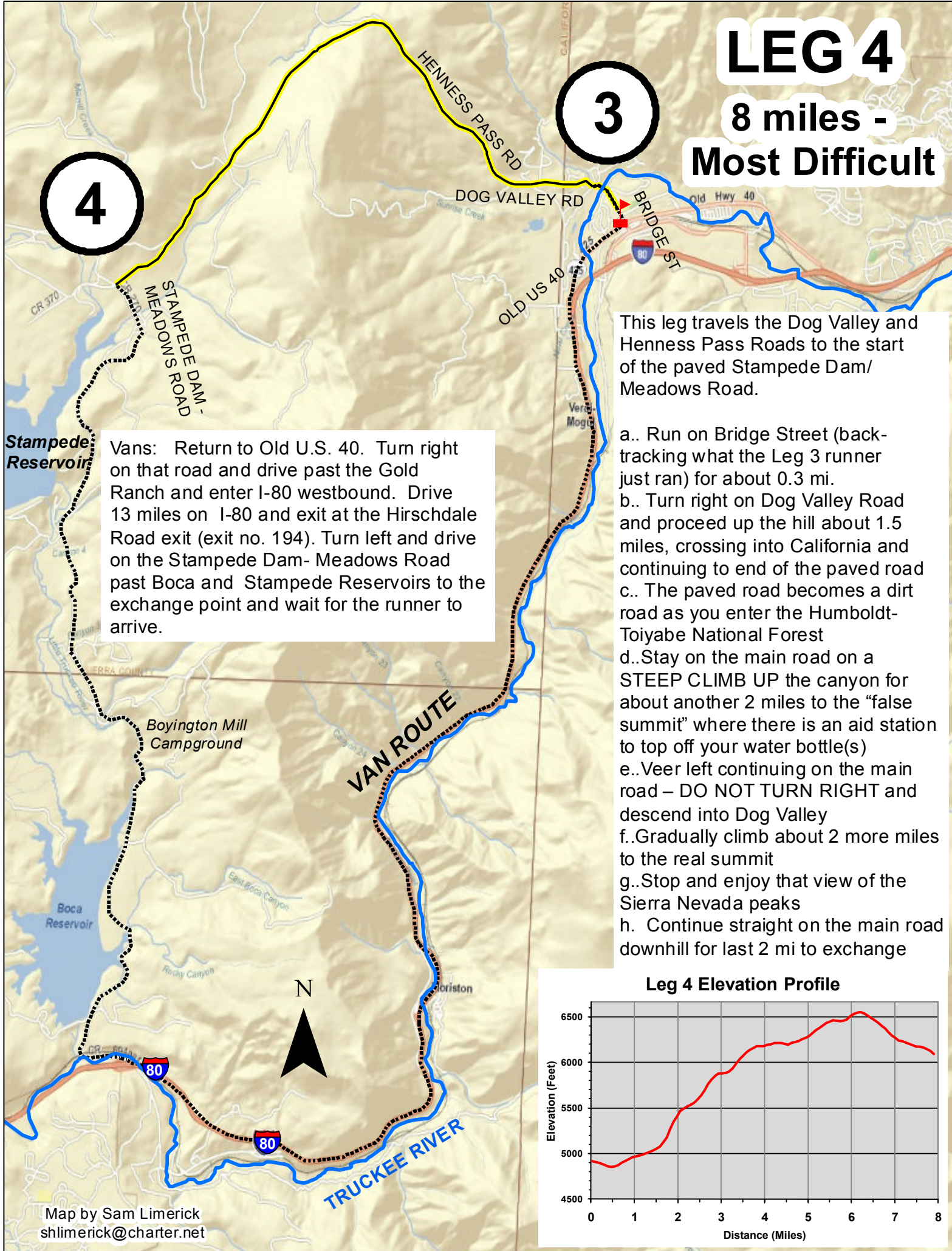


# LEG 4

8 miles -  
Most Difficult

3

4



Vans: Return to Old U.S. 40. Turn right on that road and drive past the Gold Ranch and enter I-80 westbound. Drive 13 miles on I-80 and exit at the Hirschdale Road exit (exit no. 194). Turn left and drive on the Stampede Dam- Meadows Road past Boca and Stampede Reservoirs to the exchange point and wait for the runner to arrive.

This leg travels the Dog Valley and Hennes Pass Roads to the start of the paved Stampede Dam/ Meadows Road.

- a.. Run on Bridge Street (back-tracking what the Leg 3 runner just ran) for about 0.3 mi.
- b.. Turn right on Dog Valley Road and proceed up the hill about 1.5 miles, crossing into California and continuing to end of the paved road
- c.. The paved road becomes a dirt road as you enter the Humboldt-Toiyabe National Forest
- d.. Stay on the main road on a **STEEP CLIMB UP** the canyon for about another 2 miles to the "false summit" where there is an aid station to top off your water bottle(s)
- e.. Veer left continuing on the main road – **DO NOT TURN RIGHT** and descend into Dog Valley
- f.. Gradually climb about 2 more miles to the real summit
- g.. Stop and enjoy that view of the Sierra Nevada peaks
- h. Continue straight on the main road downhill for last 2 mi to exchange

Leg 4 Elevation Profile

