



LEG 14

6.2 MILES/MOST DIFFICULT

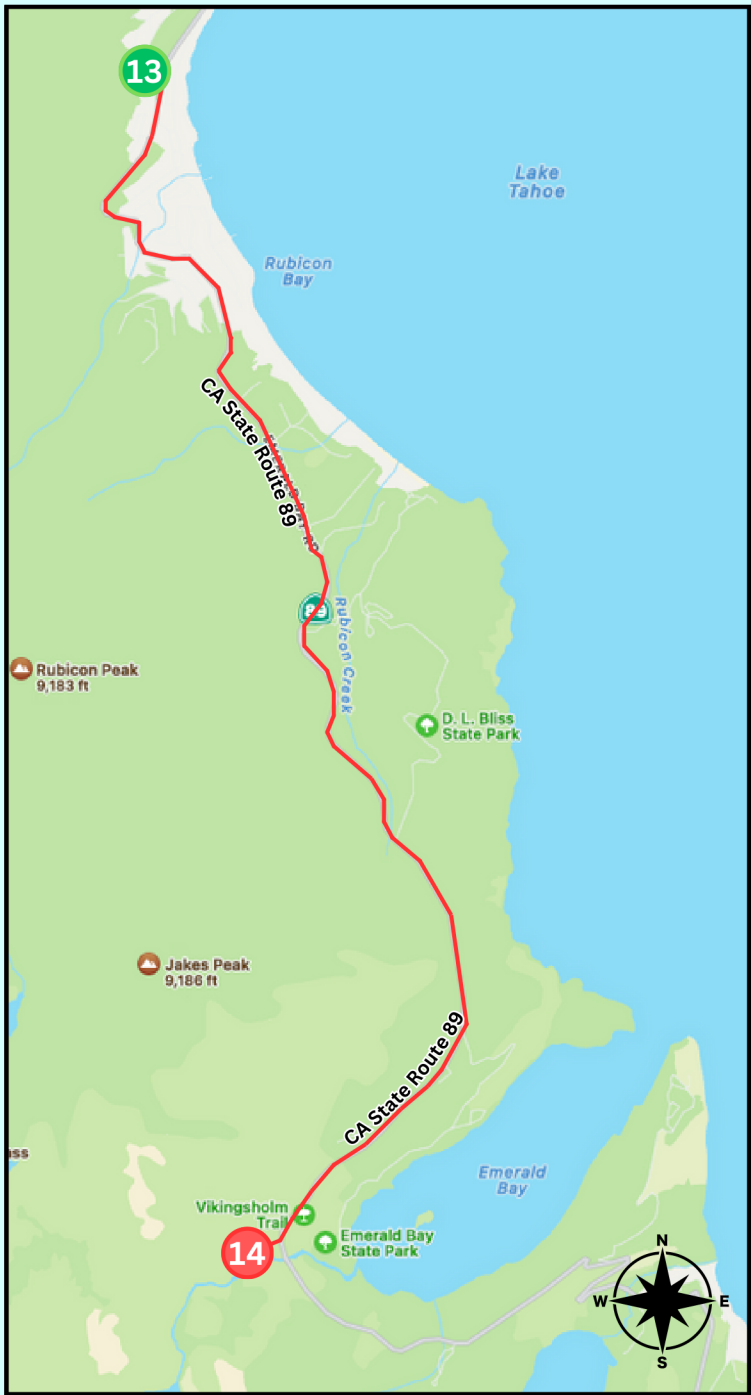
XP 13 GPS: Silvertip Drive

39.024110, -120.122182



XP 14 GPS: Eagle Falls Trailhead, Emerald Bay

38.951878, -120.112120



Leg Description

A difficult leg moving into Emerald Bay after completing a large climb. Enjoy the iconic views of Emerald Bay as you descend into XP 14.

Runner Directions

1. Continue along Highway 89 climbing up and then dropping into the Emerald Bay area, running WITH traffic on the shoulder. Run CAUTIOUSLY and NEVER cross the road at anytime.
2. Stop at the exchange point at the parking lot for the Eagle Falls Trail Head.

Van Directions

Leave XP 13, turn right on CA State Route 89 and head south. Find XP 14 on your right at the Eagle Falls Trail Head in Emerald Bay. As you approach the exchange point there are two options for parking:

The first you'll encounter is a long parking lot along the side of 89, before the exchange point. If you park here, be extra careful when leaving and STAY AWARE of incoming runners.

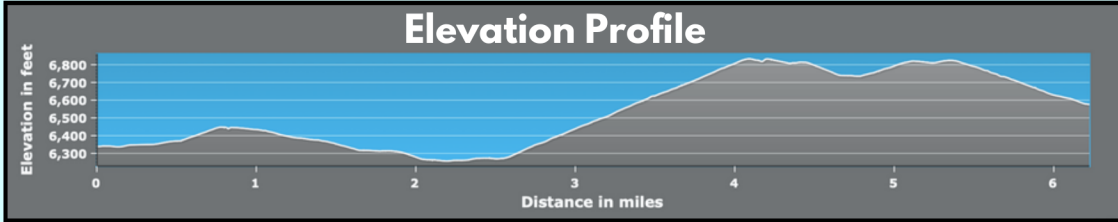
The second is the large parking lot for the trail head, located just off the road. The entrance for this lot is the driveway on your right, just beyond the first lot and immediately after the last exchange point light post. When pulling in, be cautious of runners crossing the road just before the driveway entrance.

NO PARKING is allowed anywhere on the shoulder of CA State Route 89.

FOLLOW the direction of the flaggers when finding parking.

Key Rules

1. Runner must stay running WITH traffic the entire way to XP 14. Never cross the road.
2. Runner must wear a reflective vest while on 89, regardless of time of day.
3. No parking allowed on the 89 shoulder at XP 14.
4. Night Running: From dusk till dawn, runners must wear a lighted vest or reflective vest, then two blinking lights visible on their back and carry a lighted flashlight, a headlamp or waist lamp on the front. Wear as many lights as you can.



Total Elevation Gain/Loss

Total Gain 782 ft
Total Loss 550 ft