

# CAPITAL ODYSSEY MASTER START TIMES 2025

List is current as of 5/13/2025

If your team ***has*** received a start time, please note the following:

If based on your projections, your team will reach Exchange Point 18 before 10:30 pm on Friday, May 30 and/or your team will reach Exchange Point 24 in Carson City before 2:30 am on Saturday May 31, please let us know and we will assign you a later start time. No teams will be allowed to advance from these two locations before these designated times. You might as well start later and not have to be stopped once or twice.

All teams need to finish Saturday, May 31 between 10:30 am and 4 pm. If there is any possibility that your team will not make certain Exchange Points before they close, we have ways to work with you so you will get to the finish line party by 4 pm. You might not run every leg but can have runners run some legs together to get their "legs" in. You still will earn your finisher's medal.

Please email Matt at [matt@renorunningcompany.com](mailto:matt@renorunningcompany.com) if we need to adjust your start time to meet these important time parameters.

If your team ***has not*** received a start time, one of the following may apply:

Your team is required to meet the volunteer requirements but your team has not done that yet;

Your team has not registered enough runners on the team to provide enough data (10K times for each runner, a total estimated time);

Your team has provided an estimate that is much faster or slower than the data you provided.

Please email Matt at [matt@renorunningcompany.com](mailto:matt@renorunningcompany.com) to determine what you need to do.

BIB #	TEAM NAME	CAPTAIN	LOCATION	START on 5/31/25
601	Pirates of the Car-I-Be-In	Amelia Landis	Reno, NV	2:30 AM from Carson City, XP 24
602	Pirates of the Car-I-Be-In Team 2	Rachel Warner	Reno, NV	2:30 AM from Carson City, XP 24
603	Buns on the run	Hannah Waite	Carson City, NV	2:30 AM from Carson City, XP 24
604	Cirque Du Sore Legs	Anahi Guerrero	Sun Valley, NV	2:30 AM from Carson City, XP 24
605	Morning Mulicorns	Mark Grossberg	Dallas, TX	2:30 AM from Carson City, XP 24
606	SlowAF (Anytime Fitness Spanish Springs)	Randi Welch	Sparks, NV	2:30 AM from Carson City, XP 24
607	Mountain Movers	Bradley Goins	Carson City, NV	2:30 AM from Carson City, XP 24
608	Quad Squad	Katie Somers	Genoa, NV	2:30 AM from Carson City, XP 24
609	Forrest Gump's Disciples	Sarah Jares	Carson City, NV	2:30 AM from Carson City, XP 24